

FAMILY AND CONSUMER SCIENCES



Philosophy Statement

The Family and Consumer Sciences Department provides a perspective that focuses on lifelong learning and resource utilization in the areas of clothing, food and nutrition, housing, money and time management, child development, and relationships. This knowledge empowers individuals to become effective contributors in their families, interpersonal relationships, careers, and communities.

Family and Consumer Sciences

Course Descriptions

- Courses in this department may be used to fulfill the one-year required credit for graduation in Applied Arts, Fine and Performing Arts, and International Languages.
- The Extended Study Option allows students to re-enroll in a course for grade and credit.

Advanced Foods

Course No.: 2203F

Prerequisite: Foods I

Credit: 0.5 / Semester 1 only

Fees: \$20.00

Grades: 10, 11, 12

Other: Extended Study Option

Advanced Foods students will increase their cooking skills and knowledge while participating in a variety of fast-paced, hands-on preparation labs. The technique and principles of cooking will be emphasized to give students a well-rounded background in culinary skills. Topics covered include meat cooking, pastas, soups, sauces, breads, fondue, novelty foods, herbs, and spices. Regional United States and international cooking will be major components of second quarter. Computer applications are used to enhance classroom activities.

Clothing Construction

Course No.: 2211F, 2212S

Prerequisite: None

Credit: 0.5 / Semesters 1 and 2

Fees:

Grades: 9, 10, 11, 12

Other: Extended Study Option

Clothing Construction is designed for students who want to create their own garments or gift projects using the skills involved in sewing. Principles of fabric and pattern selection will introduce students to the many possibilities available to them. In the first semester, students can expect to complete four finished products such as fleece blankets, hats, scarves, skirts, sweatshirts, pajama pants, bags, tops or dresses. Basic sewing skills and techniques will be emphasized and tailored to each student's abilities. Lessons using a serger/overlock machine, as well as, a computerized embroidery machine will be incorporated in this course. Students will also be encouraged to recycle and redesign items, using resources that are cost free.

Clothing Construction Extended Study will allow the individual student to pursue in-depth designer sewing techniques, new serger techniques for faster and easier sewing, and advanced computerized embroidery machine sewing. Jackets, prom and homecoming dresses, special occasion dresses, and special fabrics such as plaids, corduroys, velvets, and silks will be stressed.

Consumer Management

Course No.: 2213F, 2214S

Prerequisite: None

Credit: 0.5 / Semesters 1 and 2

Fees: \$20.00

Grades: 12

Other: Passing this course meets the graduation requirement for Consumer Education.

Consumer Management students learn principles of the economy, banking, budgeting, credit, insurance, car buying, investing, and money management. Computer and Internet activities are used to support learning. Food preparation and healthy living principles are also incorporated. Students will be able to manage personal resources valuable for success in financial decision-making.

Design Fashion and Interiors

Course No.: 2216S

Prerequisite: None

Credit: 0.5 / Semester 2 only

Fees: \$10.00

Grades: 9, 10, 11, 12

Other: Extended Study Option

Design Fashion and Interiors is a project-oriented course introducing students to aspects of the fashion and interior

industries. Major content areas include color theory, elements and principles of design, fashion and furniture styles, window display construction, fashion and interior designers, creating a company, design sketching, and career opportunities. Students will complete a portfolio of quality projects for college submission. Students interested in a career in design or fashion will find this course beneficial.

Foods I

Course No.: 2221F, 2222S

Prerequisite: None

Credit: 0.5 / Semesters 1 and 2

Fees: \$20.00

Grades: 9, 10, 11, 12

Other:

Foods I is designed to give students an understanding of basic food preparation and the relationship between eating habits and good health. Computers will be used to enhance student learning. A variety of culinary skills will be introduced including proper measuring, tool and term identification, cooking methods, and lunch/brunch meal planning. Students will prepare many foods such as cookies, cakes, muffins, breakfast items, and desserts.

Independent Living

Course No.: 2228

Prerequisite: None

Credit: 1.0 / Full Year

Fees: \$10.00

Grades: 11, 12

Other: Passing this course meets the graduation requirement for Consumer Education.

Independent Living develops self-esteem and interpersonal life skills. It includes units on consumer decision-making, goal setting, defining values, communicating, career exploration, résumé writing, and interviewing. The second semester includes food preparation and healthy living, budgeting, managing checking accounts, car buying, and housing.

Infant Development and Parenting

Course No.: 2232S

Prerequisite: None

Credit: 0.5 / Semester 2 only

Fees:

Grades: 10, 11, 12

Other:

Infant Development and Parenting studies all aspects of a child's development from conception through the first year of life. The course includes parenting, considerations that contribute to healthy infant development, prenatal development, labor, delivery, and the newborn. Each student will have the chance to wear an "Empathy Belly"

simulating the physical characteristics of pregnancy as well as the opportunity to participate in the "Baby Think It Over" parenting experience. "Baby Think It Over" is not a requirement; an alternate assignment can be completed for the same amount of points. During this course students will visit a hospital's New Life Center.

Preschool Child Development

Course No.: 2251F

Prerequisite: None

Credit: 0.5 / Semester 1 only

Fees:

Grades: 10, 11, 12

Other: Extended Study Option (with department approval)

Preschool Child Development is designed for the student interested in understanding the growth and development of children. The emphasis is on learning the developmental patterns of children from ages one through six. A nursery school laboratory experience will provide opportunities to observe, plan, and teach lessons to children. Students interested in a profession involving children will gain valuable experience and qualify for employment working with children.

Preschool Child Development Extended Study is designed for students that have a serious interest in teaching as a profession. Students are able to work outside the high school in a grade school setting for three days a week. Students can choose to work in a kindergarten through sixth grade classroom. Students have various requirements throughout the semester and at the end of the semester create a portfolio to take with them. Students must have this class back-to-back with a free period to allow enough time to work off campus.

Specialty Foods

Course No.: 2272S

Prerequisite: Foods I or semester 1 Consumer Management with department approval

Credit: 0.5 / Semester 2 only

Fees: \$20.00

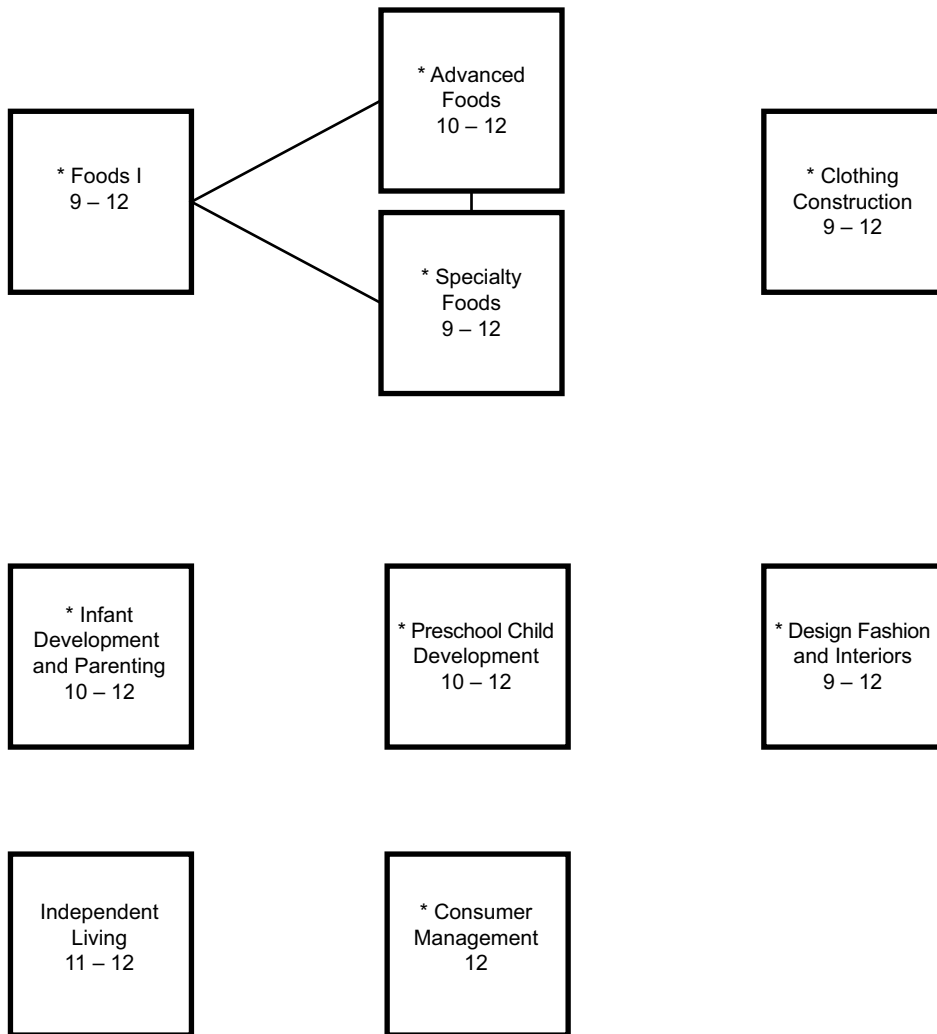
Grades: 9, 10, 11, 12

Other: Extended Study Option

Specialty Foods students will increase their culinary skills by focusing on the "creative" categories of food preparation. Working with yeast doughs, pies, pastries, cakes, and cake decorating will improve the student's overall cooking skills. Planning menus and focusing on entertaining and "theme" parties will introduce students to many skills useful at home, as well as, in restaurant settings.

Family and Consumer Science Department

Course Sequences



* Semester Course